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I want to help vulnerable people, to reassure and comfort them. So, when the man I had gone to help grabbed my crotch and pulled his trousers down I couldn't believe it, I was frightened and scared.

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**Charlotte is a paramedic** who was sexually assaulted by a man she was trying to help.

Visit [www.aace.org.uk/vaa](http://www.aace.org.uk/vaa)

or scan the QR code to find out more and promote respect for ambulance staff.

